

# Si les hommes avaient leurs règles

By Besse & La Blanche

GRAPHIC NOVEL

Publisher : **Le Lombard**

Genre : **Humor**



**PAGES**  
112



**VOLUME**  
2



**FORMAT**  
191 \* 248



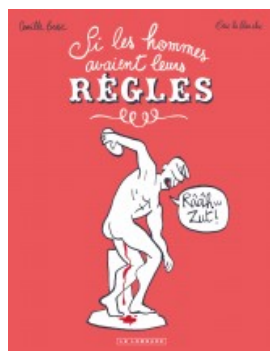
**RELEASE**  
09/09/2022

If only men got their periods, then menstruation wouldn't be the shameful physical manifestation that it is for so many women across the world. On the contrary, if it were a male characteristic, then menstruating would be a sign of pride, a mark of virility even, and not getting your period would be what's stigmatizing.

This is the amusing hypothesis on which this comic book is based to deconstruct the taboos surrounding the menstrual cycle. It shines a light on various big moments in history, from the prehistoric to Donald Trump, and looks at the foundation of religions to see how all this has affected our attitudes

on the menstrual cycle. If Only Men Got Their Periods transposes this female physical phenomenon on the opposite sex with a healthy dose of humor and anthropology, and in doing so shows that the taboos surrounding menstruation didn't just appear from nowhere but are in fact the expression of a rather specific system of domination: the patriarchy. And it's okay to laugh about it!

## In this series



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